

Sum Up

सार संक्षेप

Level. Name	Relationship / Potential	Details
4b. Existence	Co-existence	Co-existence Potential for human being to realise
4a. Nature	Mutual Fulfillment	Harmony, Relationship Potential for human being to be in harmony
3. Society	Right Understanding, Prosperity, Fearlessness (Trust), Co-existence	Human-Nature relationship Potential, through participation of individuals and families in various societal systems
2. Family	Feeling of co-existence Trust, Respect ... Love	Human-Human relationship Potential for right feeling in the Self – mutual happiness
1b. Individual Human Being	Co-existence of Self and Body	Self-Body relationship Potential for feeling of self-regulation
1a. Self (I)	Continuous happiness = happiness, peace, satisfaction, bliss	Will to live with continuous happiness Potential for right understanding, right feeling and right thought → mutually fulfilling behavior and work

Program of Action

Program of Action (Individual)

To **understand** harmony and to **live** in harmony
– at all levels of being (individual, family, society, nature/existence)

- 1. Self-exploration** –
Verify the proposals on your own right
→ right understanding (of harmony)
→ feeling and thought of harmony
→ harmonious behaviour, work and participation in larger order
- 2. Self-awareness** – Be aware of your desire, thought and expectation
– every moment
- 3. Self-evaluation** – Evaluate your desire, thought and expectation
– on the basis of your Natural Acceptance

Discover

What I Really Want to Be
My Natural Acceptance
My Intention

Guide

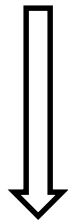
Purify

What I am
My Desire, Thought,
Expectation...
My Competence

Program of Action (at the level of Society)

1. People's Education Program : for adults

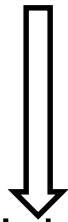
10 yrs	1
Next 10 yrs	10
100 yrs	1000 cr



People with Right Understanding & Right Feelings
- Parents - Policy Makers
- Teachers ...

2. Education-*Sanskar* Program : for children

20-50 yrs

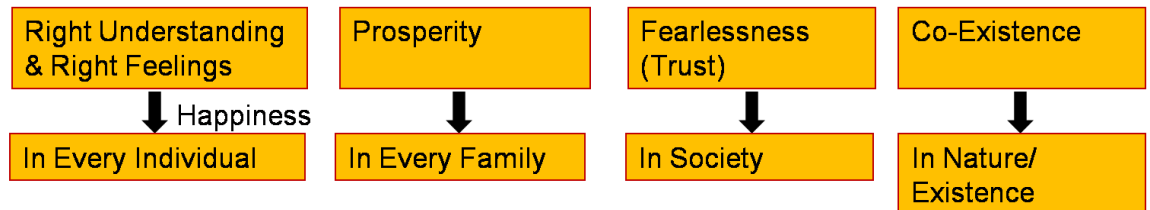


People with Right Understanding & Right Feelings
- People with definite Human conduct, the competence to participate in Universal Human Order

3. Undivided Society, Universal Human Order Program

10-20 yrs

Course in Academic Curriculum
Socially Relevant Projects
Conducive Environment
Fulfillment of Human Goal



Family – Family cluster – Village – Village cluster ... Nation ... World Family

Right Understanding (Holistic Perspective)

Right Understanding
(understanding relationship, harmony and co-existence)



Living in Harmony (no problems)

What we call problems may just be symptoms

They may just be indications that we have not understood something (e.g. anger is the symptom, an indication that we have not understood human being, the Self, the natural acceptance of the Self, the relationship and the feeling of trust)

If we develop the right understanding, then

1. We will be able to find the root cause and resolve it
2. The symptom will not recur
3. No new undesirable side-effects will appear

Theme for Education (and the Student Induction Program)

Understanding harmony
Developing skills to live in harmony – well-being of all
Practice of living in harmony
and
Creatively expressing ourselves for the above

or

Something else
and
Using our creativity for it

In Closing...

This 3-day FDP-SI was just an invitation for the 7/8-day FDP-SI

If you can see the possibility of this content and process,
If you can see your own potential, and the potential of your family,
your institution, your society, your country...

then you will renew your commitment to make the necessary effort for it

As a teacher, you have the highest possibility to realise this potential
and

To be of help to hundreds and thousands of other human beings

- To develop to their *full human personality* and
- To be a source of *a just and equitable society*

It has been an enriching experience for us

Now, we would like to hear from you about your experience

Self-evaluation

Self Evaluation (about 2-5 minutes each)

1. Brief introduction

2. Achievement through the course

Three key proposals you could verify, experiment

Thoughts before & thoughts now

Possibilities you see at the level of Individual, Society

3. Specific future plans related to UHV

Please be mindful of the time (2-5 minutes)