



# **Basic Human Aspiration and its Fulfilment**

## **Holistic Development and The Role of Education**

# AICTE has taken steps to fill the crucial missing link

Human education-sanskar



Humane world view, perspective  
(मानवीय दृष्टि)



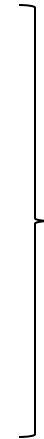
Human values  
(मानवीय मूल्य)



Skills for living with human conduct  
(मानवीय आचरण पूर्वक जीने के लिए हुनर)



Human society  
(मानवीय समाज, मानवीय व्यवस्था)



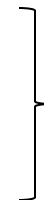
**Universal Human Values**  
(UHV)

Universal

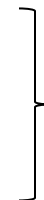
Rational

Verifiable

Leading to Harmony



**Value guided** skill education



A just and equitable society

## Content of this Session

Basic human aspiration

Fulfilment of basic human aspiration

Holistic development

The role of education in holistic development

It will also give an idea about:

- The content of this workshop/course
- The process of this workshop/course
- The expected achievement from right understanding

## इस सत्र की वषय-वास्तु

मानव की मूल चाहना

मानव की मूल चाहना की पूर्ति

समग्र वकास

समग्र वकास में शक्षा की भूमका

इस सत्र से इन तीन के बारे एक अनुमान बन पायेगा:

- श वर/कोर्स क वषय-वास्तु
- श वर/कोर्स क प्र क्रया
- समझ से अपे क्षत उपलब्धि

# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

प्रस्ताव है (मानें नहीं)

जाँचें – स्वयं के अधिकार पर।

अपनी सहज स्वीकृति के आधार पर।

यह संवाद की प्रक्रिया है।

यह संवाद आपके और मेरे बीच शुरू होता है, फिर आप में चलने लगता है।



Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of  
happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता  
चाहते हैं ?*



## Desire, What We Want to Be

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

## State of Being, What We Are

Are we happy?

*क्या हम सुखी हैं ?*

Are we prosperous?

*क्या हम समृद्ध हैं ?*

Is there continuity of our happiness and prosperity?

*क्या हमारे सुख, समृद्धि की निरंतरता है ?*



**Why this gap?**

- between our desire and our state of being
- between what we really want to be and what we are

**What are we doing to fill this gap? Is it getting filled up or getting wider?**

**We will explore into this**

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

Is our effort (*हमारा प्रयास*):

– For continuity of happiness and prosperity?

*सुख, समृद्धि की निरंतरता के अर्थ में है or या*

– Just for accumulation of physical facility?

*केवल सुविधा-संग्रह के अर्थ में ?*



Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

What effort are we making, other than accumulation of physical facility?

# Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

*पशु को सुविधा का अभाव होता है, तो वह परेशान होता है, सुविधा मिल जाए तो वह आराम में आ जाता है, (जैसे पेट भर घास मिल जाए तो गाय आराम से जुगाली करती है)।*

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

*मनुष्य को सुविधा का अभाव होता है, तो वह परेशान व दुःखी होता है, परंतु सुविधा मिल जाए तो उसके बारे तो भूल ही जाता है, उसके अलावा सौ और सोचने लगता है।*



(Check for yourself if you feel happy every day that you are getting enough to eat?)

*आप ही अपने में जांच कर देखें, क्या आप इस बात पर रोज खुश होते हैं कि आपको पेट*



## Something more is required (over and above physical facility)

Physical facility is necessary for human being

but

something more is also required

# To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

*आपके परिवार में जो दुःख है, वह सुविधा के अभाव में ज्यादा है या संबंध का निर्वाह न होने के कारण ज्यादा है ?*



# To find out what else is required (over and above physical facility)

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship



*आप सुविधा जुटाने के लिए कितना समय व प्रयास लगा रहे हैं और संबंध का निर्वाह के लिए कितना समय व प्रयास लगा रहे हैं ?*

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

*दुःख संबंध का निर्वाह न होने के कारण ज्यादा है; परन्तु, समय व प्रयास सुविधा के लिए ज्यादा लगाया जा रहा है*

# For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

*मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।*

On examining carefully, we find that this is a fundamental difference between animals and human being

*ध्यान से देखें तो मानव व पशु के बीच यह एक मूलभूत अंतर है।*

Physical facility is necessary for animals and necessary for human being also  
*सुविधा पशु के लिए आवश्यक है, मनुष्य के लिए भी आवश्यक है।*

However, *परंतु,*

For animals physical facility is necessary as well as adequate  
*पशु के लिए सुविधा आवश्यक भी है और पूर्ण भी है,*

For human being physical facility is necessary but not adequate  
*मनुष्य के लिए भी सुविधा आवश्यक है पर पूर्ण नहीं है।*

# In Addition to Physical Facility, Relationship is Necessary

For human beings physical facility is necessary but relationship is also necessary

*मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।*

**RELATIONSHIP**

*संबंध*

**with human being**

**PHYSICAL FACILITY**

*सुविधा*

**With nature**

**For animals:  
necessary & largely  
adequate**

*पशु के लिए  
आवश्यक  
एवं पूर्ण*

**For human beings:  
necessary but not  
adequate**

*मानव के लिए  
आवश्यक  
परंतु पूर्ण नहीं*

## Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights... even in the family, with close friends, with colleagues at work... in the marketplace...

Every time we have a fight, we want to resolve it...

We say sorry, patch up and promise not to fight in future but...

Even though we don't want to, a fight does take place once again  
(we want the other to improve... and the other wants us to improve...)

Is this happening?

Are incidences of reaction... not speaking to the other... arguments... debates... divorce... increasing or decreasing?

Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?

# Let's check our Perspective about Relationship

Let us find out if

1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, i.e. There is 'struggle for survival' , 'survival of the fittest' and check if we feel happy living this way?

*आप ही अपने में जांच कर देखें,*

- 1. आपकी चाहना संबंधपूर्वक जीने की है या*
- 2. आपकी चाहना विरोधपूर्वक जीने की है या*
- 3. आपने मान रखा है कि जीना तो विरोधपूर्वक ही संभव है। 'struggle for survival', 'survival of the fittest' और क्या आप वैसा जीते हुए सुखी होते हैं ?*



What is our present perspective? Which view do we promote?  
(at home, in the family... in schools and colleges... and in the society)

Is it the naturally acceptable view?

# Right Understanding is also Essential for Human Being

For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need



# Right Understanding is also Essential for Human Being

**RIGHT UNDERSTANDING**

*(समझ)*

in the self



**RELATIONSHIP**

*(संबंध)*

with human  
being

**PHYSICAL FACILITY**

*(सुविधा)*

with rest of nature

**For animals:  
necessary & largely  
adequate**

**For human beings:  
necessary but not  
adequate**

Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

If all 3 are required, what would be the priority\*?

\*Working on the high priority makes it easier to deal with the lower priority

## 1 RIGHT UNDERSTANDING

(समझ)

in the self

2

## RELATIONSHIP

(संबंध)

with human  
being

Feeling  
- Trust  
- Respect  
- ...

3

## PHYSICAL FACILITY

(सुविधा)

with rest of nature

For animals:  
necessary & largely  
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1 **RIGHT UNDERSTANDING**  
(समझ)  
in the self

2 **RELATIONSHIP**  
(संबंध)  
with human  
being

Feeling  
- Trust  
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- ...

3 **PHYSICAL FACILITY**  
(सुविधा)  
with rest of nature

For animals:  
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**MUTUAL HAPPINESS**

(उभय सुख)

**MUTUAL PROSPERITY**

(उभय समृद्धि)

? RIGHT UNDERSTANDING  
(समझ)  
in the self

? RELATIONSHIP  
(संबंध)  
with human  
being

1 PHYSICAL FACILITY  
(सुविधा)  
with rest of nature

For animals:  
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For human beings:  
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**UNHAPPINESS**

**Making others Unhappy**

**DEPRIVATION**

**Exploiting and  
Depriving others**

Human  
Consciousness  
*मानव चेतना*

1 RIGHT UNDERSTANDING

*(समझ)*  
in the self

2

RELATIONSHIP  
*(संबंध)*  
with human  
being

Feeling  
- Trust  
- Respect  
...

3

PHYSICAL FACILITY  
*(सुविधा)*  
with rest of nature

MUTUAL HAPPINESS    MUTUAL PROS

*(उभय सुख)*

*(उभय समृद्धि)*

If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three

# Animal Consciousness

? **RIGHT UNDERSTANDING**  
(समझ)  
in the self

? **RELATIONSHIP**  
(संबंध)  
with human  
being

1 **PHYSICAL FACILITY**  
(सुविधा)  
with rest of nature

If our living is only for physical facility, then we are living with animal consciousness

Animals live only for physical facility and can be fulfilled by that

Human being can not be fulfilled on the basis of physical facility alone

**Animal  
Consciousness**  
जीव चेतना

**UNHAPPINESS**

**Making others Unhappy**

**DEPRIVATION**

**Exploiting and  
Depriving others**

Animals living with  
animal consciousness

they are in harmony

this is fine

Human being living with  
human consciousness

they are in harmony

this is fine

Human being living with  
animal consciousness

they are in disharmony

this is the  
problem

# Since we generally don't have clarity about our physical needs...

In the society, we can observe two categories of human beings

*इसीलिए अभी दो तरह के मनुष्य दिखाई देते हैं-*

1. Lacking physical facility, unhappy deprived (*सुविधा विहीन दुखी दरिद्र*)
2. Having physical facility, unhappy deprived (*सुविधा संपन्न दुखी दरिद्र*)

While we want to be – *जबकि हम होना चाहते हैं-*

3. Having physical facility, happy prosperous (*सुविधा संपन्न सुखी समृद्ध*)

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

*अपने में जांच कर देखें-*

- *अभी हम कहां है ?- 1, 2 या 3 में और*
- *कहां होना चाहते हैं ?*





# Resources are already in Plenty!

**Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)**

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new **study** commissioned by the United Nations Food and Agriculture Organization (**FAO**)

**Global Food Production is 6 times requirement**  
**Global Food Wastage is 1/3<sup>rd</sup> of production**  
**Wastage is enough to feed 1300 crore people/year**

Have we understood right utilisation?  
Is it a question of production?  
Is it a question of distribution?  
Is it a question of relationship?  
Is it a question of right understanding?  
**It is a question of education**



# Transformation (संक्रमण) = Holistic Development (विकास)

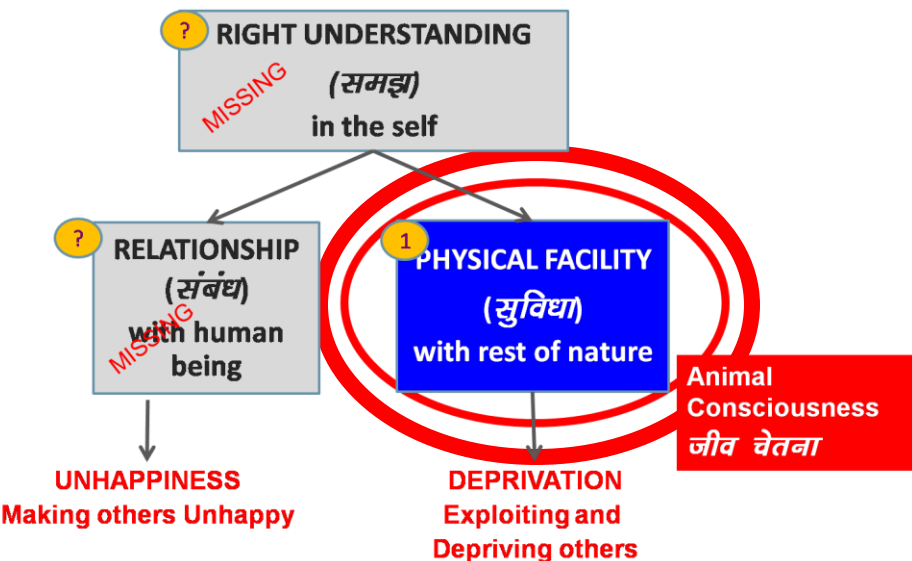
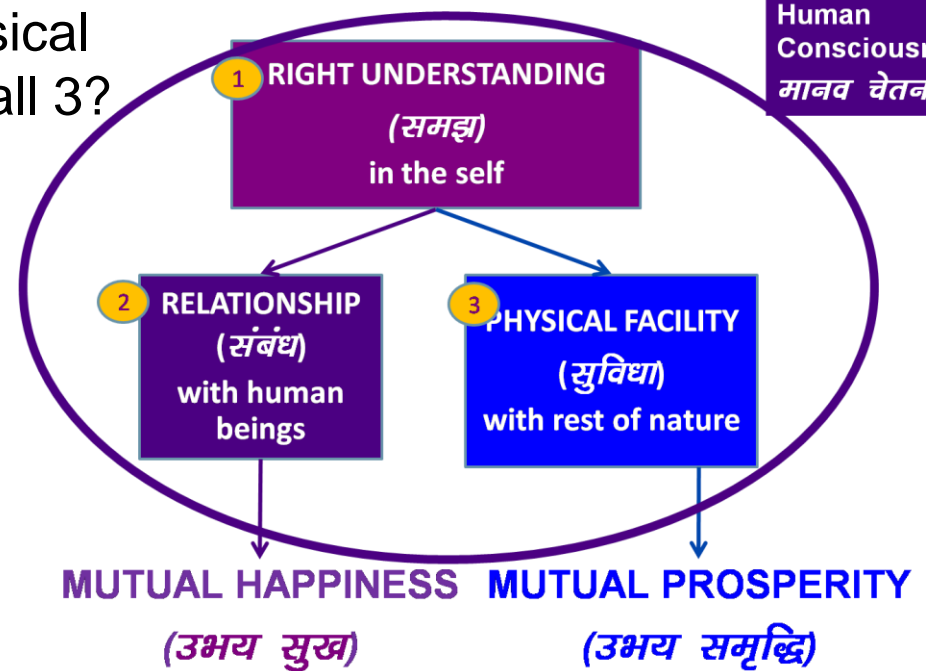
Is development just in increasing physical facility or development is ensuring of all 3?

Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?

Human  
Consciousness  
मानव चेतना



We will explore into the effort required for transformation, for holistic development

# Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility and the skills & practice for sustainable production of more than what is required leading to the feeling of prosperity

## Required for Transformation

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility, the skills and practice for sustainable production of more than what is required leading to the feeling of prosperity

## Present State

Missing

Missing

Identification of need of physical facility is missing.

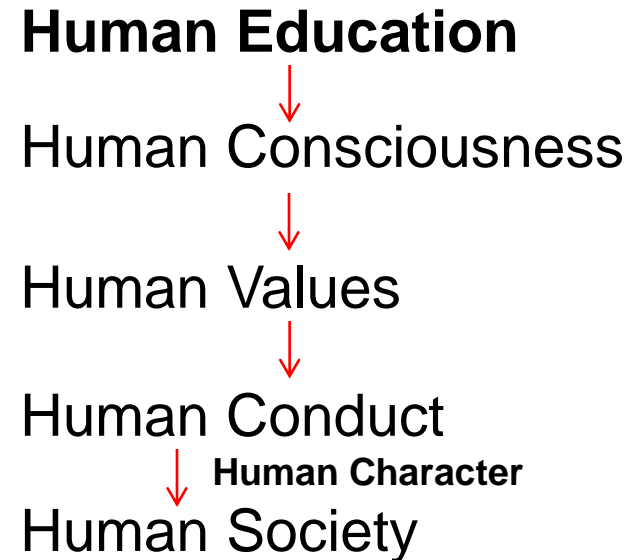
The willingness to produce by way of labour is also missing.

The core feeling generated is  
to accumulate more & more,  
to consume more & more,  
(rather than to produce more & more...)

# Problems = Indication of Lack of Effort for Holistic Development

Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness

The basic effort is required to ensure human consciousness  
(through human education)



Ultimately it will result in a human tradition,  
in which the human goal is fulfilled for all,  
generation after generation

## Understanding of Harmony

Harmony in Human Being  
Harmony in Family  
Harmony in Society  
Harmony in Nature/Existence

### VALUES

↓ Guided

Skills guided by values

## Living in Harmony

As an Individual  
In the Family  
In the Society  
In Nature/Existence

### SKILLS

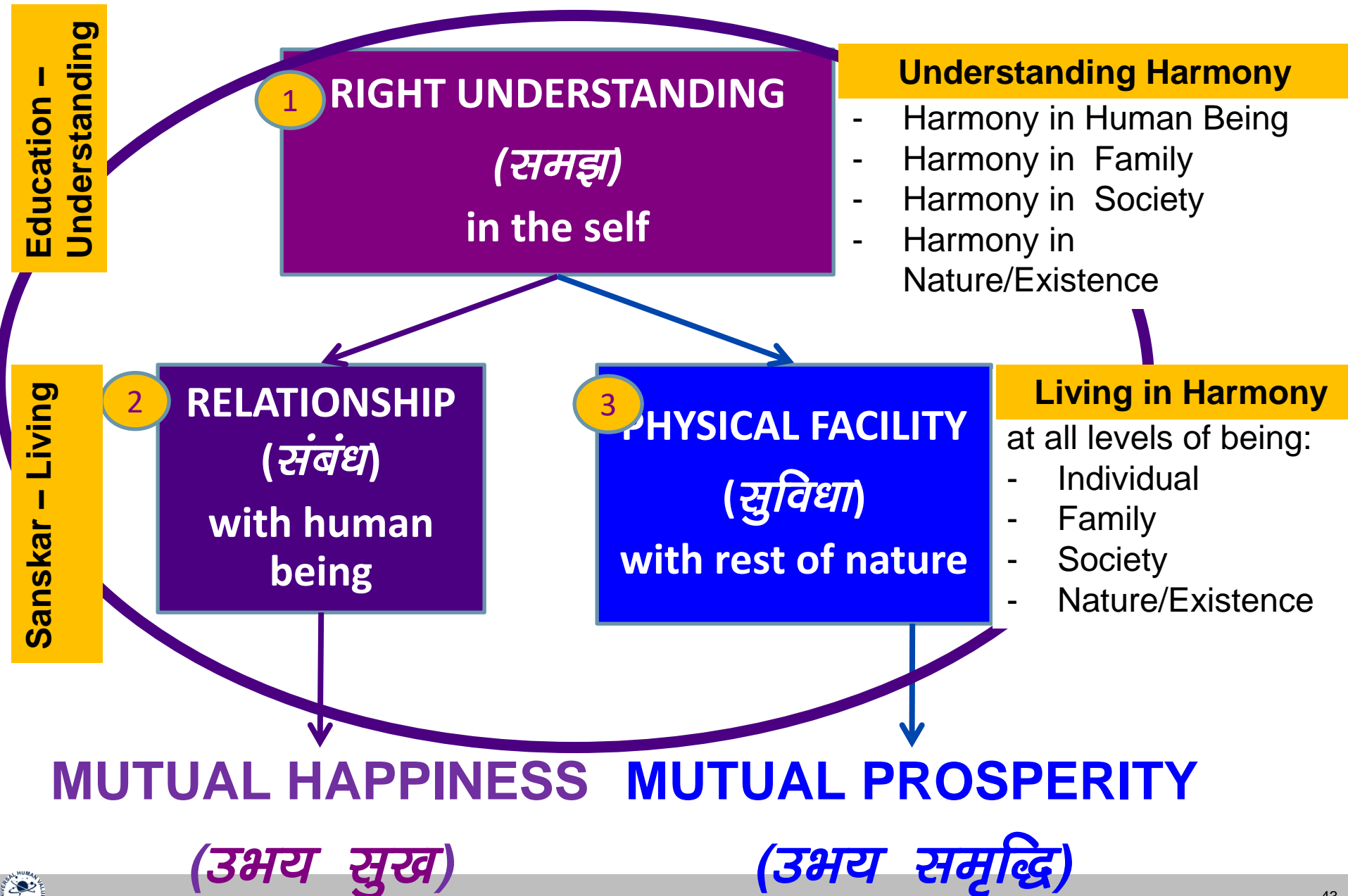
MUTUAL HAPPINESS

(उभय सुख)

MUTUAL PROSPERITY

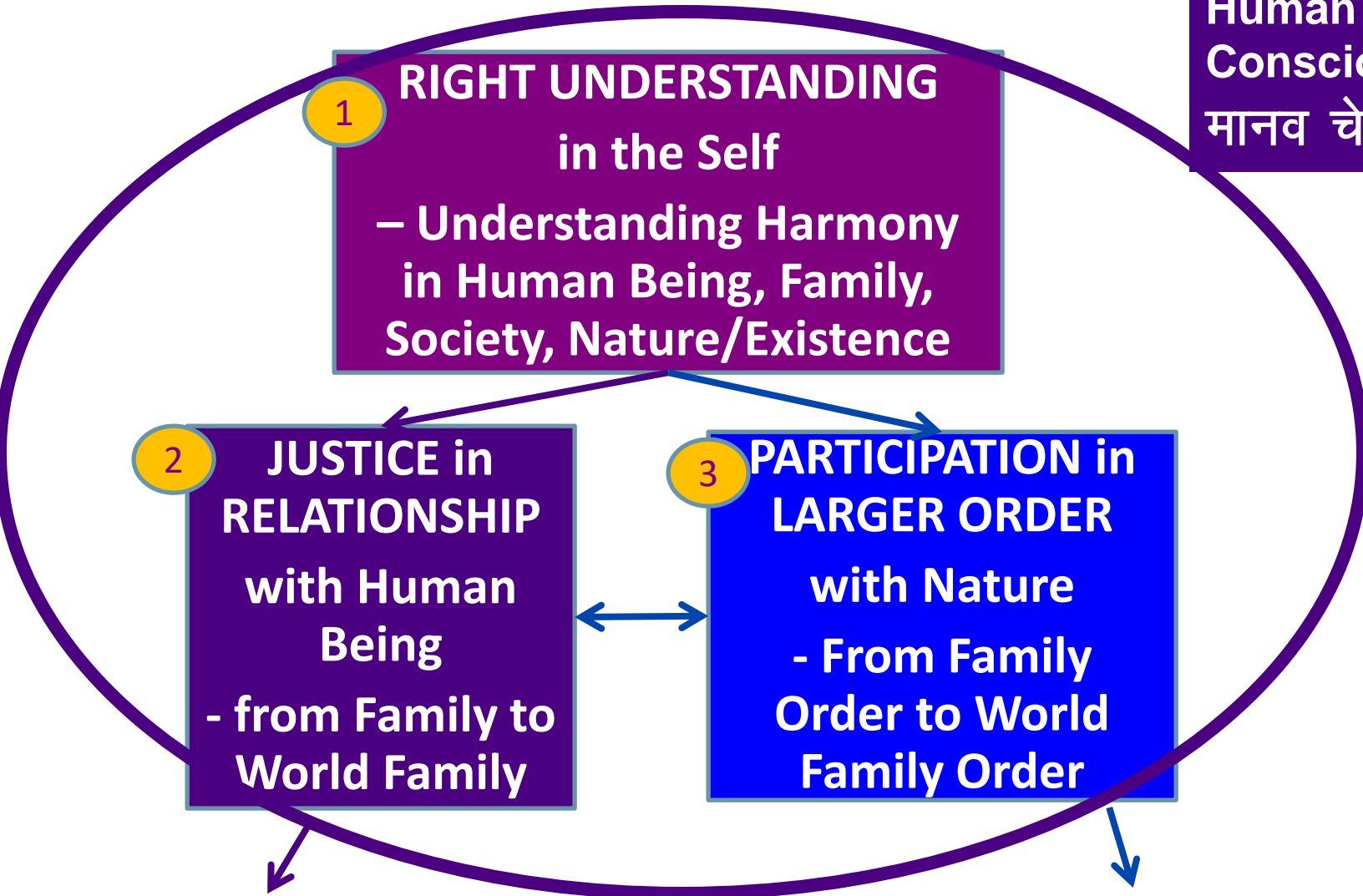
(उभय समृद्धि)

# Human Being Living with Human Consciousness



# Societal implications of living with Human Consciousness

Human  
Consciousness  
मानव चेतना



**MUTUAL HAPPINESS**      **FULFILMENT of HUMAN GOAL**  
**UNDIVIDED SOCIETY**      **UNIVERSAL HUMAN ORDER**



### Proposals

(about harmony at various levels for your self-exploration)

- Harmony in Human Being
- Harmony in Family
- Harmony in Society
- Harmony in Nature/Existence

**Self-exploration**, self-verification

### Desired Achievement

#### Individual Transformation

- Right Understanding  
(Understanding Harmony)
- Happiness & Prosperity  
(Living in Harmony)



#### Societal Transformation

- Humane Society

# Assignment Today

- Your experience through the day (describe free form).....
- 5 key points that struck you (or takeaways) from the talks today (starting with what you felt was most important for you) in order of priority)

S.No	Take-aways
1	
2	
...	

- 5 key problems today you are able to notice (starting with what you feel is most important) in order of severity, impact)

S.No	Problem	Due to lack of skills or values?	Increasing or decreasing?	Root cause according to you?	Solution according to you?
1					
2					
...					

- Mention any five things that give you happiness **in continuity**  
.....  
.....
- Mention any five things that make you feel unhappy  
.....  
.....
- Based on the discussion today, what role do you see for yourself in the education system?  
.....



# Process

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**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

प्रस्ताव है (मानें नहीं)

जाँचें – स्वयं के अधिकार पर।

अपनी सहज स्वीकृति के आधार पर।

यह **संवाद** की प्रक्रिया है।

यह संवाद आपके और मेरे बीच शुरू होता है, फिर **आप में** चलने लगता है।





# Self Reflection

# Self Reflection

Can you see that you have the faculty of natural acceptance?

- It is innate, a part and parcel of our being
- It is invariant, uncorrupted by pre-conditioning
- It is definite

Find out how you feel when your desire is in accordance with your natural acceptance – happy or unhappy?