



Day 3

Recap of Day 1 & 2

AICTE has taken steps to fill the crucial missing link

Human education-sanskar



Humane world view, perspective
(मानवीय दृष्टि)



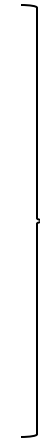
Human values
(मानवीय मूल्य)



Skills for living with human conduct
(मानवीय आचरण पूर्वक जीने के लिए हुनर)



Human society
(मानवीय समाज, मानवीय व्यवस्था)



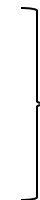
Universal Human Values
(UHV)

Universal

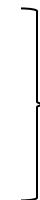
Rational

Verifiable

Leading to Harmony

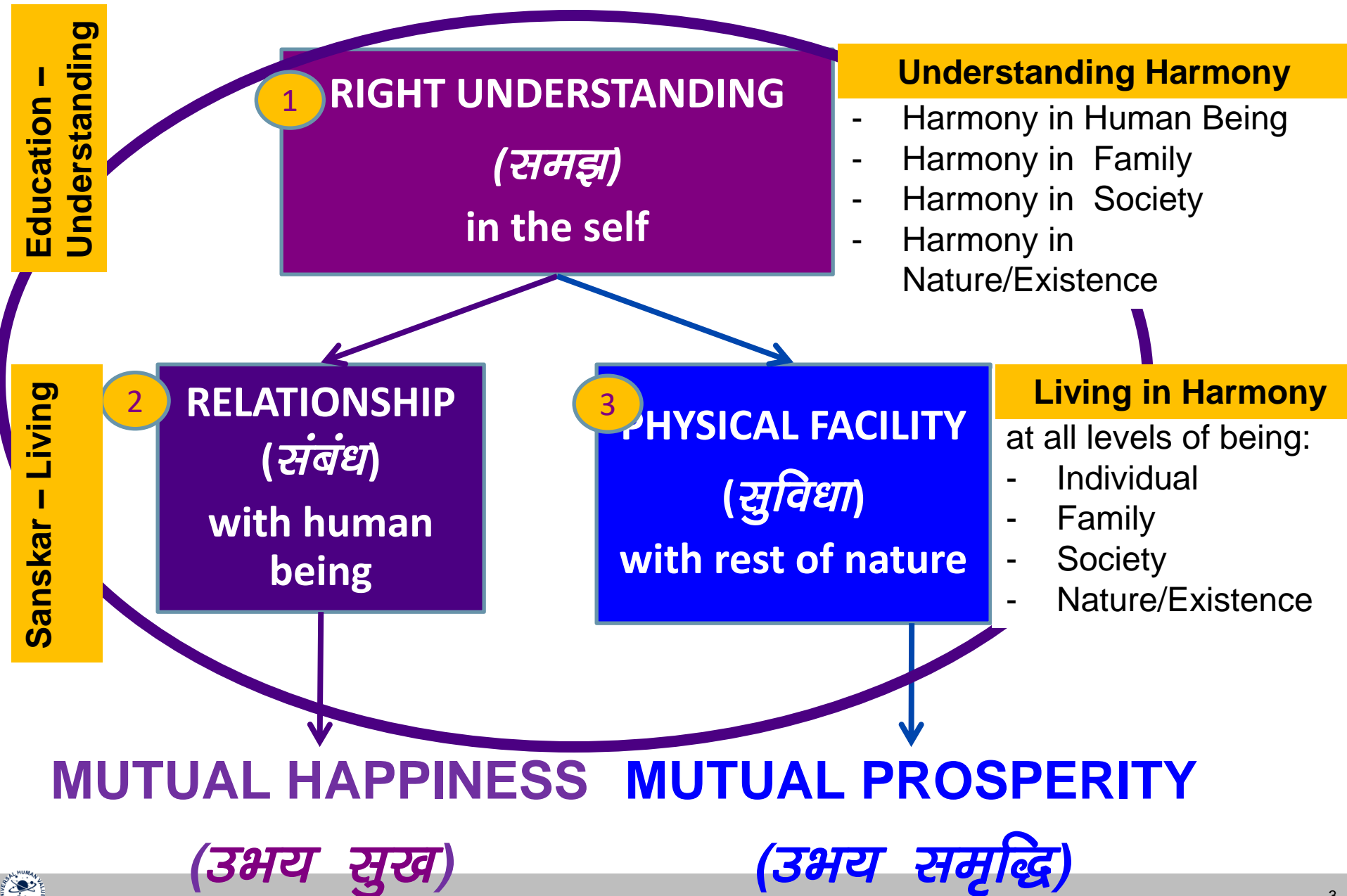


Value guided skill education



A just and equitable society

Human Being Living with Human Consciousness



Societal implications of living with Human Consciousness

Human
Consciousness
मानव चेतना

1 **RIGHT UNDERSTANDING**
in the Self
– Understanding Harmony
in Human Being, Family,
Society, Nature/Existence

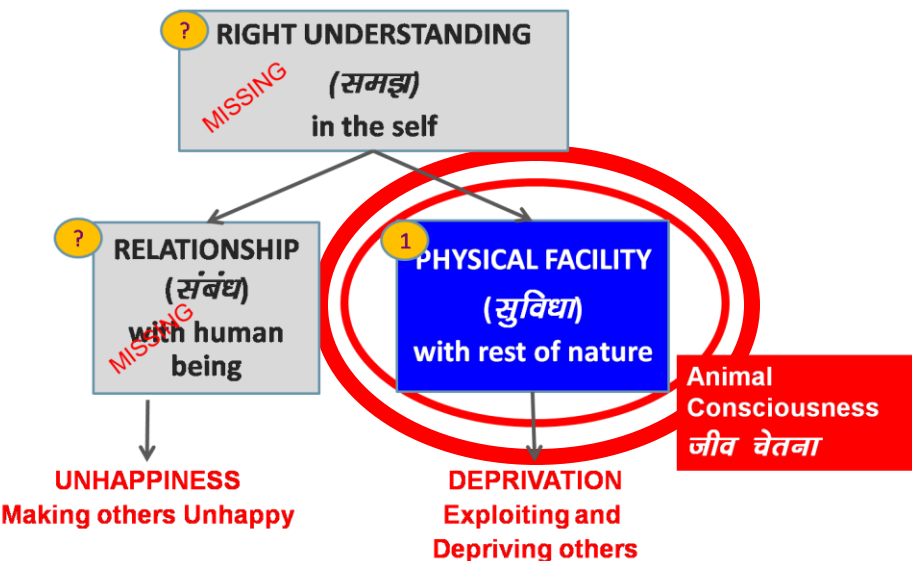
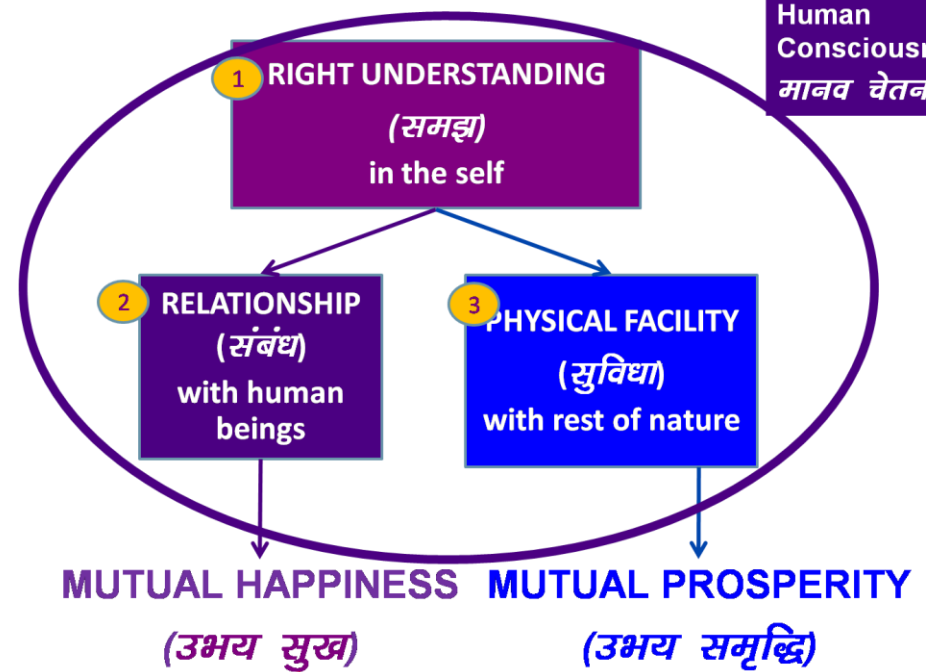
2 **JUSTICE in**
RELATIONSHIP
with Human
Being
- from Family to
World Family

3 **PARTICIPATION in**
LARGER ORDER
with Nature
- From Family
Order to World
Family Order

MUTUAL HAPPINESS **FULFILMENT of HUMAN GOAL**
UNDIVIDED SOCIETY **UNIVERSAL HUMAN ORDER**

Transformation (संक्रमण) = Holistic Development (विकास)

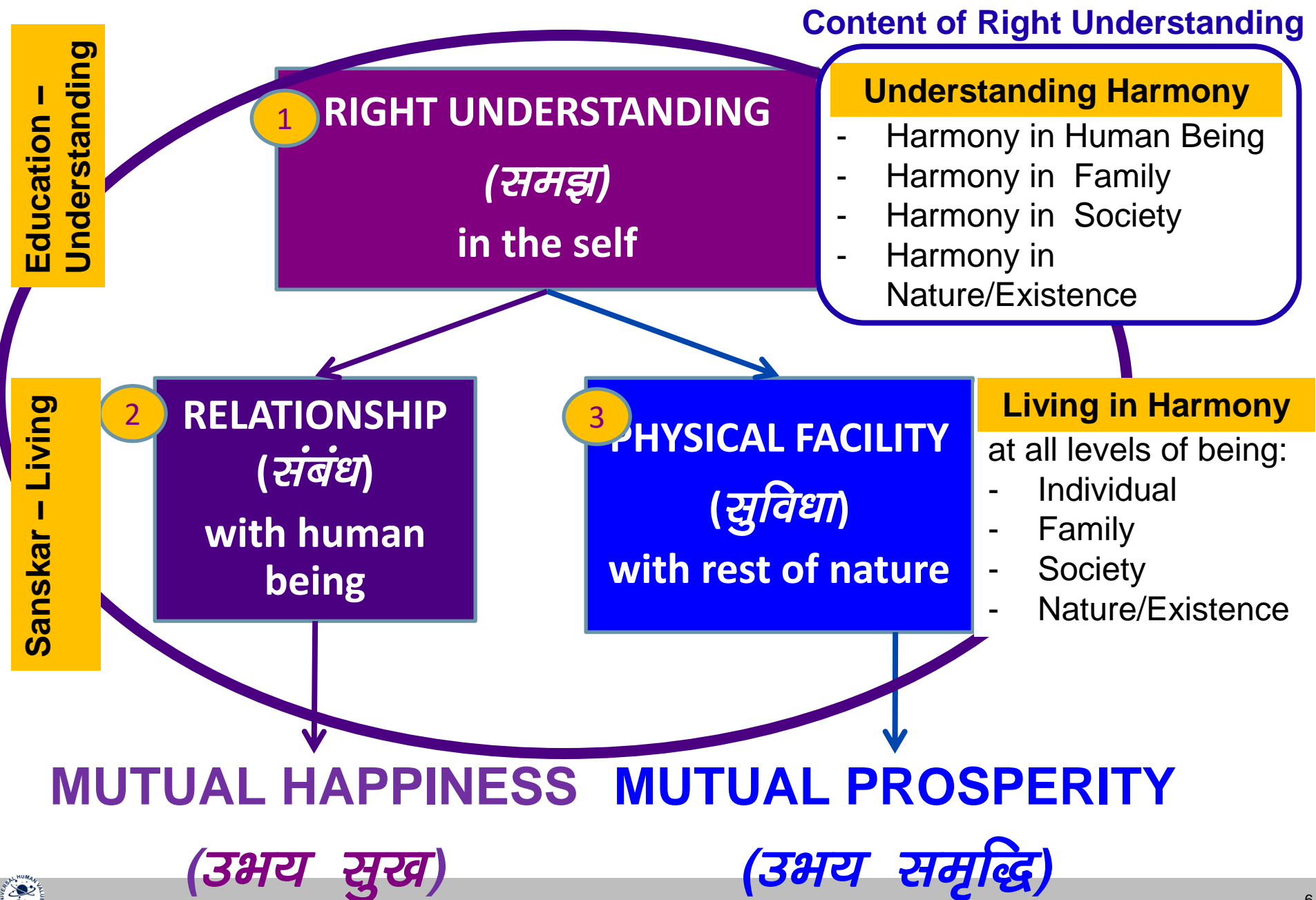
Human
Consciousness
मानव चेतना



Transformation - Progress
संक्रमण - विकास

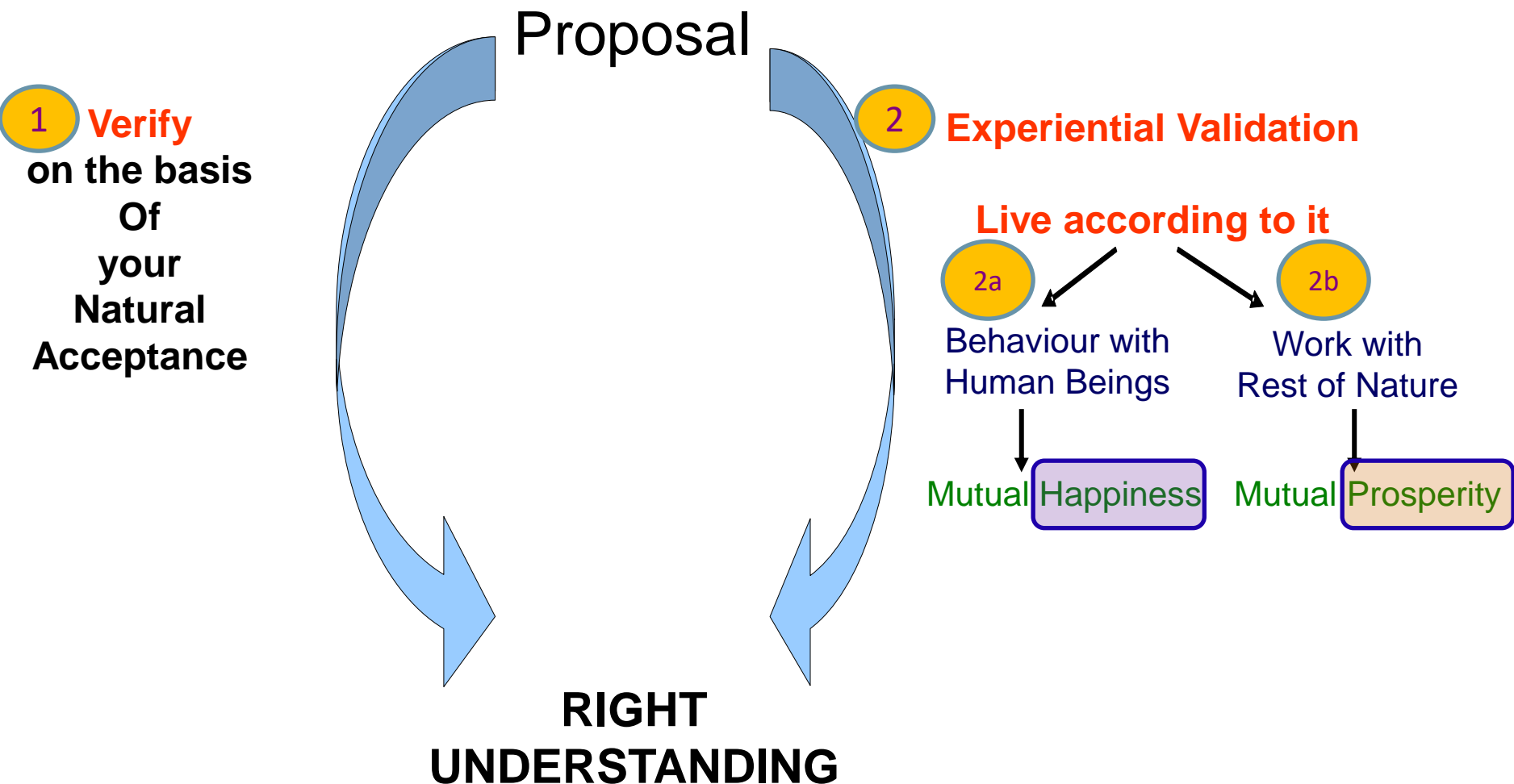
We will explore into the effort required for transformation, for holistic development

Human Being Living with Human Consciousness



Process for Right Understanding: Self-exploration

Whatever is stated is a **Proposal** (**Do not assume it to be true/ false**)
Verify it on your own right



Basic Human Aspiration

Basic Human Aspiration

= Happiness and Prosperity → Continuous

Happiness

= To be in a state of Harmony

Prosperity

= The feeling of having / producing more than required Physical Facility



Harmony in the Human Being

Human Being

मानव

Self

में

Co-existence



सहअस्तित्व

Body

शरीर

Need आवश्यकता	Happiness (e.g. Respect) सुख (जैसे सम्मान)	Physical Facility (e.g. Food) सुविधा (जैसे भोजन)
In Time काल में	Continuous निरन्तर	Temporary सामयिक
In Quantity मात्रा में	Qualitative (is Feeling) गुणात्मक (भाव है)	Quantitative (Required in Limited Quantity) मात्रात्मक (सीमित मात्रा में)
Fulfilled By पूर्ति के लिए	Right Understanding & Right Feeling सही समझ, सही भाव	Physio-chemical Things भौतिक-रासायनिक वस्तु
Activity क्रिया	Desire, Thought, Expectation... इच्छा, विचार, आशा...	Eating, Walking... खाना, चलना...
In Time काल में	Continuous निरन्तर	Temporary सामयिक
Response	Knowing, Assuming, Recognising, Fulfilling जानना, मानना, पहचानना, निर्वाह करना	Recognising, Fulfilling पहचानना, निर्वाह करना

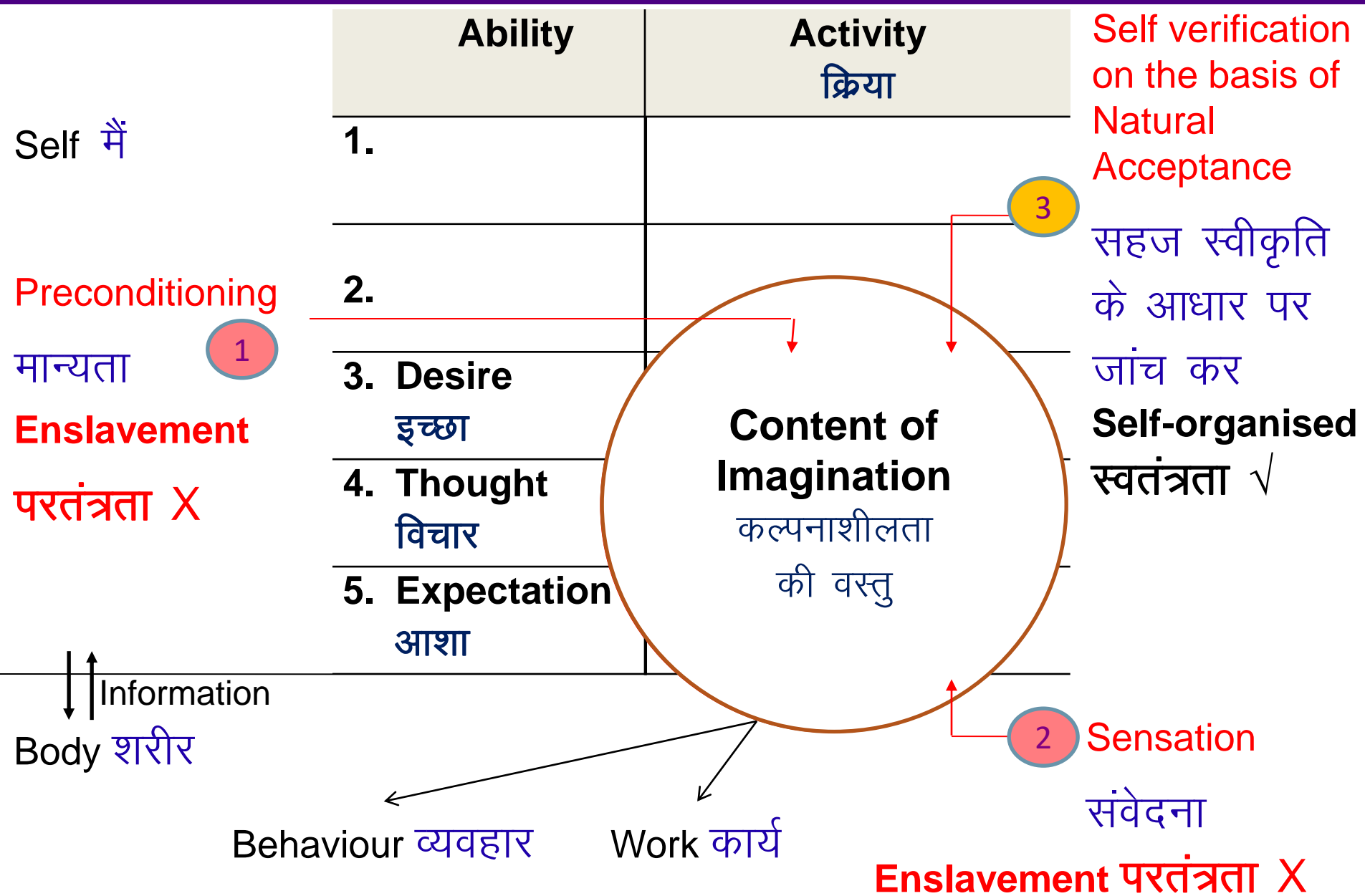
↓
Consciousness चैतन्य

↓
Material जड़

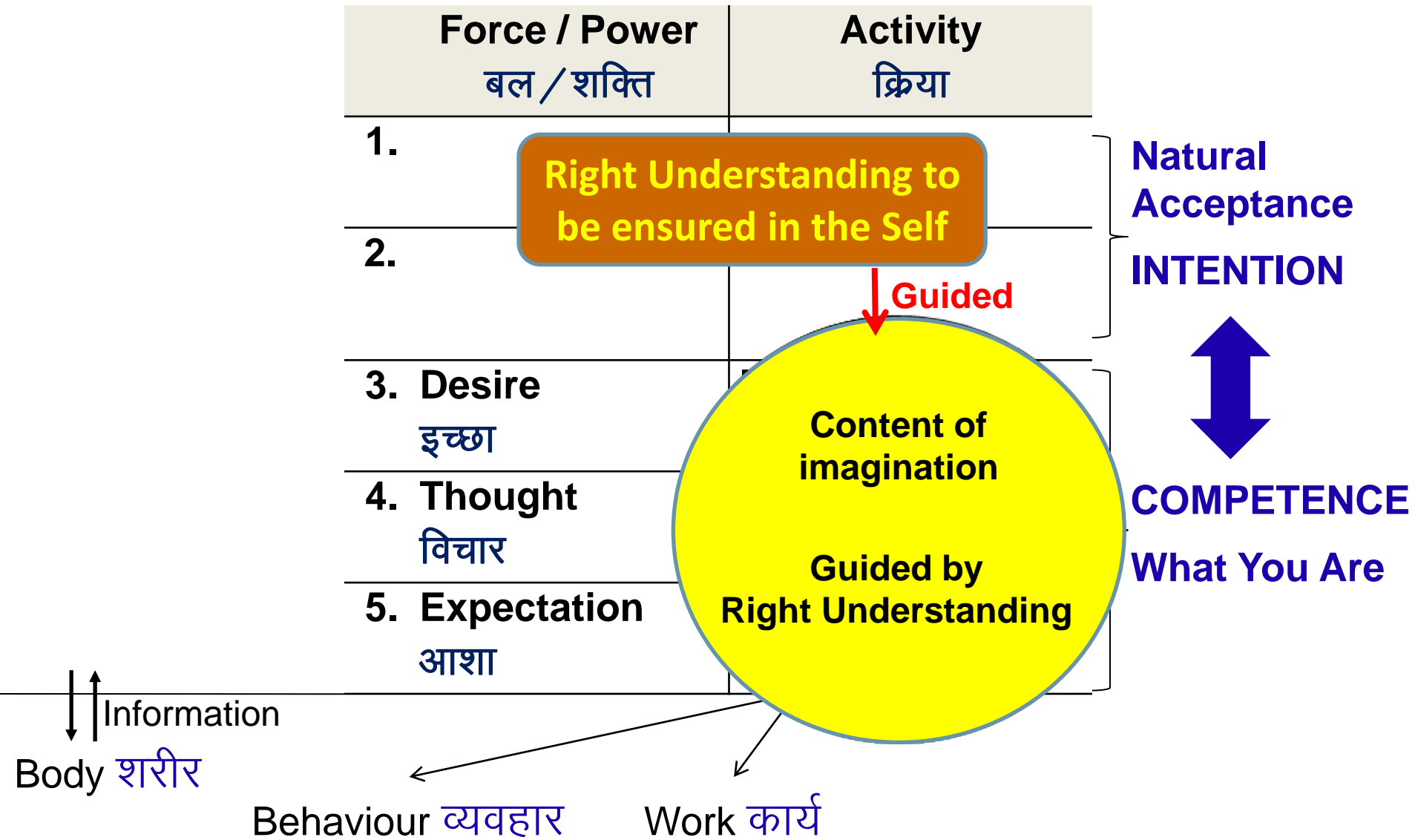


Harmony in the Self

Sources of Motivation for our Imagination and its Implications



Harmony in Self = D, T, E in accordance with Natural Acceptance



Happiness = To be in a state of Harmony
सुख = संगीत में, व्यवस्था में जीना



Harmony of Self with the Body

Self

Body (Instrument)

Consciousness

INFORMATION

Instruction

Sensation

Material

Needs: Happiness, Prosperity → Continuity

Needs & activities are continuous in time

Self-regulation

Feeling of responsibility toward the body – for Nurturing, Protection and Right Utilization of the Body

↓ Food... ↓ Clothes, Shelter... ↓ Instruments...

↓
Required
in limited
quantity

↓
Required
in limited
quantity

↓
Required in a
limited quantity



Health

1. Body acts according to I
2. Parts of the body are in harmony (in order)

Prosperity (समृद्धि)

Prosperity – The feeling of having / producing more than required Physical Facility

समृद्धि – आवश्यक सुविधा से अधिक की उपलब्धि / उत्पादन का भाव

1

2

1 – Identification of required physical facility (including the required quantity)
– with right understanding

आवश्यक सुविधा का निर्धारण – सही समझ से

2 – Ensuring availability/ production of more than required physical facility
– with right skills

अधिक की उपलब्धि / उत्पादन, भौतिक रासायनिक वस्तुओं का – सही हुनर से

A prosperous person thinks of right utilisation, nurturing the other
“ deprived “ “ “ accumulation, exploiting “ “

समृद्ध व्यक्ति सदुपयोग का, दूसरे का पोषण करने का सोचता है
दरिद्र “ संग्रह “ “ “ शोषण “ “ “ “



Feeling of Resp. → Pgm. for Self-regulation → Health in the Body

1

(A) For Staying Healthy

1a

1 Intake and Daily Routine (Lifestyle)

2 Labour and Exercise

1b

3 Postures for regulating internal & external body organs
and Regulated Breathing

2

(B) For bringing
body back to
harmony from
temporary
disharmony

3

(C) Dependence on
drug / machine to
perform a body
function

4 Medicine

and

Treatment



Health (in the Body)

1. *The Body acts according to the Self*
2. *Parts of the body are in harmony (in order)*

Human Being Living with Human Consciousness

