Basic Human Aspiration and its Fulfilment

Holistic Development and
The Role of Education
AICTE has taken steps to fill the crucial missing link

Human education-sanskar

Humane world view, perspective

Humane world view, perspective

Human values

Universal Human Values (UHV)

Skills for living with human conduct

Universal
Rational
Verifiable
Leading to Harmony

Value guided skill education

Human society

A just and equitable society
<table>
<thead>
<tr>
<th>Content of this Session</th>
<th>इस सत्र की वषय-वास्तु</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic human aspiration</td>
<td>मानव की मूल चाहना</td>
</tr>
<tr>
<td>Fulfilment of basic human aspiration</td>
<td>मानव की मूल चाहना की पूर्ति</td>
</tr>
<tr>
<td>Holistic development</td>
<td>समग्र वकास</td>
</tr>
<tr>
<td>The role of education in holistic development</td>
<td>समग्र वकास में शक्तियों की भूमिका</td>
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<tr>
<td>It will also give an idea about:</td>
<td>इस सत्र से इन तीन के बारे से एक अनुमान बन जाएगा:</td>
</tr>
<tr>
<td>– The content of this workshop/course</td>
<td>– श वर/कोर्स के वषय-वास्तु</td>
</tr>
<tr>
<td>– The process of this workshop/course</td>
<td>– श वर/कोर्स के प्रक्रिया</td>
</tr>
<tr>
<td>– The expected achievement from right understanding</td>
<td>– समझ से अपेक्षत उपलब्धि</td>
</tr>
</tbody>
</table>
Process

Whatever is said is a **Proposal** (Do not assume it to be true or false) **Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**
A dialogue between me and you, to start with
It soon becomes a dialogue **within your own self**
    between what you are and what you really want to be
    (your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

**प्रस्ताव है (मानें नहीं)**
**जाँचें – स्वयं के अधिकार पर।**
**अपनी सहज स्वीकृति के आधार पर।**
**यह संवाद की प्रक्रिया है।**
**यह संवाद आपके और मेरे बीच शुरू होता है, फिर आप में चलने लगता है।**
Do we want to be happy?
क्या हम सुखी होना चाहते हैं?

Do we want to be prosperous?
क्या हम समृद्ध होना चाहते हैं?

Do we want the continuity of happiness and prosperity?
क्या हम सुख, समृद्धि की निरंतरता चाहते हैं?
### Desire, What We Want to Be

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
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<tbody>
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<td>Do we want to be happy?</td>
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<td>Do we want the continuity of</td>
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<td>happiness and prosperity?</td>
<td>क्या हम सुख, समृद्धि की निरंतरता चाहते हैं?</td>
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### State of Being, What We Are

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<th>Question</th>
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<td>Are we happy?</td>
<td>क्या हम सुखी हैं?</td>
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<tr>
<td>Are we prosperous?</td>
<td>क्या हम समृद्ध हैं?</td>
</tr>
<tr>
<td>Is there continuity of our</td>
<td></td>
</tr>
<tr>
<td>happiness and prosperity?</td>
<td>क्या हमारे सुख, समृद्धि की निरंतरता है?</td>
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### Why this gap?
- between our desire and our state of being
- between what we really want to be and what we are

### What are we doing to fill this gap? Is it getting filled up or getting wider?

**We will explore into this**
<table>
<thead>
<tr>
<th>Desire (चाहना)</th>
<th>Effort (करना)</th>
</tr>
</thead>
</table>
| Do we want to be happy?  
क्या हम सुखी होना चाहते हैं? | Is our effort (हमारा प्रयास):  
– For continuity of happiness and prosperity?  
सुख, समृद्धि की निरंतरता के अर्थ में है या नहीं |
| Do we want to be prosperous?  
क्या हम समृद्ध होना चाहते हैं? | – Just for accumulation of physical facility?  
केवल सुविधा–संग्रह के अर्थ में? |
| Do we want the continuity of happiness and prosperity?  
क्या हम सुख, समृद्धि की निरंतरता चाहते हैं? | |

Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?  
What effort are we making, other than accumulation of physical facility?
Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

(Check for yourself if you feel happy every day that you are getting enough to eat?)
Something more is required (over and above physical facility)

Physical facility is necessary for human being
but
something more is also required
To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?
To find out what else is required (over and above physical facility)

How much time and effort are we investing:
- For physical facility
- For fulfillment in relationship

The unhappiness is more due to lack of fulfillment in relationship
Most of the time and effort is spent for physical facility
For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

On examining carefully, we find that this is a fundamental difference between animals and human being

Physical facility is necessary for animals and necessary for human being also

However, for animals physical facility is necessary as well as adequate

For human being physical facility is necessary but not adequate
In Addition to Physical Facility, Relationship is Necessary

For human beings physical facility is necessary but relationship is also necessary

For animals: necessary & largely adequate

For human beings: necessary but not adequate
Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights… even in the family, with close friends, with colleagues at work… in the marketplace…

Every time we have a fight, we want to resolve it…
We say sorry, patch up and promise not to fight in future but…

Even though we don’t want to, a fight does take place once again (we want the other to improve… and the other wants us to improve…)

Is this happening?
Are incidences of reaction… not speaking to the other… arguments… debates… divorce… increasing or decreasing?
Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?
Let’s check our Perspective about Relationship

Let us find out if
1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, i.e. There is 'struggle for survival', ‘survival of the fittest’ and check if we feel happy living this way?

What is our present perspective? Which view do we promote?
(at home, in the family… in schools and colleges… and in the society)

Is it the naturally acceptable view?
For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need
Right Understanding is also Essential for Human Being

**Right Understanding**

(समझ)
in the self

**Relationship**

(संबंध)
with human being

**Physical Facility**

(सुविधा)
with rest of nature

For animals: necessary & largely adequate

For human beings: necessary but not adequate

Are all 3 required? Is something redundant? Is anything more required?
Are we working on all 3?
If all 3 are required, what would be the priority*?

*Working on the high priority makes it easier to deal with the lower priority
Priority: Right Understanding, Relationship & Physical Facility

1. RIGHT UNDERSTANDING
   (समझा)
   in the self

2. RELATIONSHIP
   (संबंध)
   with human being

   Feeling
   - Trust
   - Respect
   - …

3. PHYSICAL FACILITY
   (सुविधा)
   with rest of nature

   For animals: necessary & largely adequate
   For human beings: necessary but not adequate
Priority: Right Understanding, Relationship & Physical Facility

1. RIGHT UNDERSTANDING
   (समझा)
   in the self

2. RELATIONSHIP
   (संबंध)
   with human being
   Feeling - Trust - Respect - ...

3. PHYSICAL FACILITY
   (सुविधा)
   with rest of nature

MUTUAL HAPPINESS
   (उभय सूख)

MUTUAL PROSPERITY
   (उभय समृद्धि)

For animals: necessary & largely adequate
For human beings: necessary but not adequate
Priority: Physical Facility

RIGHT UNDERSTANDING (समझ) in the self

RELATIONSHIP (संबंध) with human being

PHYSICAL FACILITY (सुविधा) with rest of nature

UNHAPPINESS
Making others Unhappy

DEPRIVATION
Exploiting and Depriving others

For human beings: necessary but not adequate
For animals: necessary & largely adequate
Human Consciousness

1. RIGHT UNDERSTANDING
   (समझा) in the self

2. RELATIONSHIP
   (संबंध) with human being

3. PHYSICAL FACILITY
   (सुविधा) with rest of nature

MUTUAL HAPPINESS
(उभय सुख)

MUTUAL PROSPERITY
(उभय समृद्धि)

If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness.

Human being can be fulfilled (be happy and prosperous) on the basis of these three.
Animal Consciousness

If our living is only for physical facility, then we are living with animal consciousness.

Animals live only for physical facility and can be fulfilled by that.

Human being can not be fulfilled on the basis of physical facility alone.

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<tr>
<th>Animals living with animal consciousness</th>
<th>they are in harmony</th>
<th>this is fine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human being living with human consciousness</td>
<td>they are in harmony</td>
<td>this is fine</td>
</tr>
<tr>
<td>Human being living with animal consciousness</td>
<td>they are in disharmony</td>
<td>this is the problem</td>
</tr>
</tbody>
</table>
Since we generally don’t have clarity about our physical needs…

In the society, we can observe two categories of human beings

1. Lacking physical facility, unhappy deprived (सुविधा विहीन दुखी दरिद्र)
2. Having physical facility, unhappy deprived (सुविधा संपन्न दुखी दरिद्र)

While we want to be – जबकि हम होना चाहते हैं–

3. Having physical facility, happy prosperous (सुविधा संपन्न सुखी समृद्ध)

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

अपने में जांच कर देखें–
- अभी हम कहां हैं?– 1, 2 या 3 में और
- कहां होना चाहते हैं?
Resources are already in Plenty!

Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new study commissioned by the United Nations Food and Agriculture Organization (FAO)

Global Food Production is 6 times requirement
Global Food Wastage is 1/3rd of production
Wastage is enough to feed 1300 crore people/year

Have we understood right utilisation?
Is it a question of production?
Is it a question of distribution?
Is it a question of relationship?
Is it a question of right understanding?
It is a question of education

Transformation (संकमण) = Holistic Development (विकास)

Is development just in increasing physical facility or development is ensuring of all 3?

Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?

We will explore into the effort required for transformation, for holistic development.
Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct.

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility and the skills & practice for sustainable production of more than what is required leading to the feeling of prosperity
<table>
<thead>
<tr>
<th>Required for Transformation</th>
<th>Present State</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Right understanding in every child</td>
<td>Missing</td>
</tr>
<tr>
<td>2. The capacity to live in relationship with the other human being</td>
<td>Missing</td>
</tr>
<tr>
<td>3. The capacity to identify the need of physical facility, the skills and practice for</td>
<td>Identification of need of physical facility is missing.</td>
</tr>
<tr>
<td>sustainable production of more than what is required leading to the feeling of prosperity</td>
<td>The willingness to produce by way of labour is also missing. The core feeling generated is to accumulate more &amp; more, to consume more &amp; more, (rather than to produce more &amp; more…)</td>
</tr>
</tbody>
</table>


Problems = Indication of Lack of Effort for Holistic Development

Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness.

The basic effort is required to ensure human consciousness (through human education).

Ultimately it will result in a human tradition, in which the human goal is fulfilled for all, generation after generation.
Outcome of Human Education-Sanskar

Understanding of Harmony
Harmony in Human Being
  Harmony in Family
  Harmony in Society
Harmony in Nature/Existence
VALUES

Living in Harmony
As an Individual
  In the Family
  In the Society
In Nature/Existence
SKILLS

Guided Skills guided by values

MUTUAL HAPPINESS  MUTUAL PROSPERITY
(उभय सुख)  (उभय समृद्धि)
Human Being Living with Human Consciousness

1. RIGHT UNDERSTANDING (समझा) in the self
2. RELATIONSHIP (संबंध) with human being
3. PHYSICAL FACILITY (सुविधा) with rest of nature

Understanding Harmony
- Harmony in Human Being
- Harmony in Family
- Harmony in Society
- Harmony in Nature/Existence

Living in Harmony
at all levels of being:
- Individual
- Family
- Society
- Nature/Existence

MUTUAL HAPPINESS (उभय सुख)
MUTUAL PROSPERITY (उभय समृद्धि)
Societal implications of living with Human Consciousness

1. RIGHT UNDERSTANDING in the Self
   - Understanding Harmony in Human Being, Family, Society, Nature/Existence

2. JUSTICE in RELATIONSHIP with Human Being
   - from Family to World Family

3. PARTICIPATION in LARGER ORDER with Nature
   - From Family Order to World Family Order

MUTUAL HAPPINESS
UNDIVIDED SOCIETY
FULFILMENT of HUMAN GOAL
UNIVERSAL HUMAN ORDER
<table>
<thead>
<tr>
<th>Workshop/Course Content</th>
<th>Process</th>
</tr>
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<tbody>
<tr>
<td><strong>Proposals</strong></td>
<td><strong>Self-exploration, self-verification</strong></td>
</tr>
<tr>
<td>(about harmony at various levels for your self-exploration)</td>
<td></td>
</tr>
<tr>
<td>- Harmony in Human Being</td>
<td></td>
</tr>
<tr>
<td>- Harmony in Family</td>
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<td>- Harmony in Nature/Existence</td>
<td></td>
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</table>

| Desired Achievement | |
|---------------------| |

**Individual Transformation**
- Right Understanding  
  (Understanding Harmony)
- Happiness & Prosperity  
  (Living in Harmony)

↓

**Societal Transformation**
- Humane Society
Assignment Today

• Your experience through the day (describe free form) .................................................................
• 5 key points that struck you (or takeaways) from the talks today (starting with what you felt was most important for you) in order of priority

<table>
<thead>
<tr>
<th>S. No</th>
<th>Take-aways</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
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<tr>
<td>2</td>
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<td>...</td>
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</tbody>
</table>

• 5 key problems today you are able to notice (starting with what you feel is most important) in order of severity, impact

<table>
<thead>
<tr>
<th>S. No</th>
<th>Problem</th>
<th>Due to lack of skills or values?</th>
<th>Increasing decreasing?</th>
<th>or</th>
<th>Root cause according to you?</th>
<th>Solution according to you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</table>

• Mention any five things that give you happiness in continuity

………………
………………

• Mention any five things that make you feel unhappy

………………
………………

• Based on the discussion today, what role do you see for yourself in the education system?

………………………………………………………………………………………………………………
Process

Whatever is said is a **Proposal** *(Do not assume it to be true or false)*
Verify it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**
A dialogue between me and you, to start with
It soon becomes a dialogue **within your own self**
   between what you are and what you really want to be
   (your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue
Self Reflection
Self Reflection

Can you see that you have the faculty of natural acceptance?
- It is innate, a part and parcel of our being
- It is invariant, uncorrupted by pre-conditioning
- It is definite

Find out how you feel when your desire is in accordance with your natural acceptance – happy or unhappy?